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What is the definition of “telemedicine” or “telehealth”?

“Telehealth” or “telemedicine” means “the delivery of health care services by means of information and communication technologies which facilitate the assessment, diagnosis, consultation, treatment, education, care management, and self-management of a patient’s health care while such patient is at the originating site and the health care provider is at the distant site. Telehealth or telemedicine shall also include the use of asynchronous store-and-forward technology.”

[MO. REV. STAT. § 191.1145\(1\)\(6\).](#)

PSYCHIATRISTS

What are the restrictions on the scope of practice for psychiatrists practicing via telemedicine/telehealth?

None identified.

However, the Missouri telehealth services statute states that “[a]ny licensed health care provider shall be authorized to provide telehealth services if such services are within the scope of practice for which the health care provider is licensed and are provided with the same standard of care as services provided in person.”

[MO. REV. STAT. § 191.1145\(2\).](#)

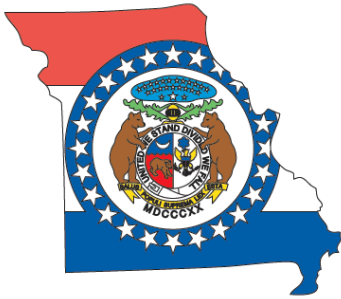
What are the criteria for establishing a practitioner-patient relationship via telemedicine/telehealth?

“The physician-patient relationship may be established by . . . [a] telemedicine encounter, if the standard of care does not require an in-person encounter, and in accordance with evidence-based standards of practice and telemedicine practice guidelines that address the clinical and technological aspects of telemedicine.”

[MO. REV. STAT. § 191.1146\(1\)\(3\).](#)

“In order to establish a physician-patient relationship through telemedicine:

(1) The technology utilized shall be sufficient to establish an informed diagnosis as though the medical interview and physical examination has been performed in person; and



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(2) Prior to providing treatment, including issuing prescriptions, a physician who uses telemedicine shall interview the patient, collect or review relevant medical history, and perform an examination sufficient for the diagnosis and treatment of the patient. A questionnaire completed by the patient, whether via the internet or telephone, does not constitute an acceptable medical interview and examination for the provision of treatment by telehealth.”

[MO. REV. STAT. § 191.1146\(2\).](#)

COVERAGE & REIMBURSEMENT

Does the state have a parity statute in place mandating coverage by private insurers for telemedicine/telehealth services (including telemental/telebehavioral/telepsychiatric health services) on par with those provided in face-to-face/in-person encounters?

Updated link: [MO. REV. STATE § 376.1900.](#)

Are there provisions requiring certain reimbursement levels/amounts for telemedicine/telehealth services (including telemental/telebehavioral/telepsychiatric health services)?

Updated link: [MO. REV. STATE § 376.1900.](#)

Does Medicaid provide coverage for telemental/telebehavioral/telepsychiatric health services? If so, what are the coverage criteria?

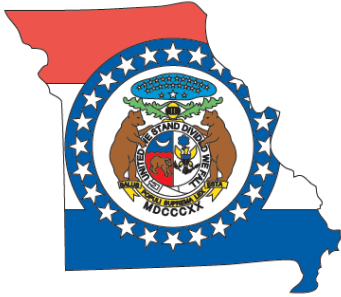
“Providers eligible to receive payment for Telehealth services include:

- Physicians
- Advanced Registered Nurse Practitioners, including Nurse Practitioners with a Mental Health specialty
- Psychologists”

[MO HealthNet, Physician Manual, sec. 13.69 \(May 4, 2017\), at 280.](#)

“Telehealth services are only covered if medically necessary. Coverage of services rendered through Telehealth at the distant site is limited to:

- Consultations made to confirm a diagnosis; or
- Evaluation and management services; or



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- A diagnosis, therapeutic, or interpretative service; or
- Individual psychiatric or substance abuse assessment diagnostic interview examinations; or Individual psychotherapy.”

[MO HealthNet, Physician Manual, sec. 13.69\(A\) \(May 4, 2017\), at 279-80.](#)

“The consulting provider at the distant site may request a Telepresenter to be present with the participant at the originating site to assist with the service. A Telepresenter will aid in the examination by following the orders of the consulting provider, including the manipulation of cameras and appropriate placement of other peripheral devices used to conduct the patient examination. The services of the Telepresenter are included in the reimbursement of the facility fee billed by the originating site and are not separately reimbursable.”

[MO HealthNet, Physician Manual, sec. 13.69 \(May 4, 2017\), at 281.](#)

CONTROLLED SUBSTANCES

How are “controlled substances” defined by the state?

Updated link and citation: [MO. REV. STAT. § 208.670.](#)

What are the requirements/laws governing the prescribing of “controlled” substances?”

Updated links:

[MO. CODE REGS. tit. 19, § 30-1.041.](#)

[MO. CODE REGS. tit. 19, § 30-1.048.](#)