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What is the definition of “telemedicine” or “telehealth”?

Updated links and citations:

[ARIZ. REV. STAT. § 36-3601\(3\).](#)

[ARIZ. REV. STAT. § 20-841.09\(E\)\(3\).](#)

What is the definition of “telemental,” “telemental,” and “telepsychiatry”?

Updated link and citation: [ARIZ. REV. STAT. § 36-3601\(2\).](#)

PSYCHIATRISTS

Are there any licensing requirements specific to telemedicine/telehealth (e.g., requirements to be licensed in the state where the patient is located)?

Updated link and citation: [ARIZ. REV. STAT. § 32-1401.](#)

What are the criteria for establishing a practitioner-patient relationship via telemedicine/telehealth?

Updated link and citation: [ARIZ. REV. STAT. § 36-3602\(A\).](#)

Does a psychiatrist have prescribing authority? If so, under what conditions/limits may a psychiatrist prescribe via telemedicine/telehealth?

Updated link and citation: [ARIZ. REV. STAT. § 32-1401\(27\)\(ss\).](#)

PSYCHOLOGISTS

Are there any licensing requirements specific to telemedicine/telehealth (e.g., requirements to be licensed in the state where the patient is located)?

Updated link and citation: [ARIZ. REV. STAT. § 32-2075\(A\)\(4\).](#)



50-State Survey of Telemental/Telebehavioral Health

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Are there any licensing requirements specific to telemedicine/telehealth (e.g., requirements to be licensed in the state where the patient is located)?

Updated link and citation: [ARIZ. REV. STAT. § 32-3271\(A\).](#)

MINORS

What are the requirements/restrictions regarding the provision of telemental/telebehavioral/telepsychiatric health services to minors?

Updated link and citation: [ARIZ. REV. STAT. § 36-2272\(A\).](#)

COVERAGE & REIMBURSEMENT

Does the state have a parity statute in place mandating coverage by private insurers for telemedicine/telehealth services (including telemental/telebehavioral/telepsychiatric health services) on par with those provided in face-to-face/in-person encounters?

The current statute reads as follows:

All contracts issued, delivered or renewed on or after January 1, 2015 must provide coverage for health care services that are provided through telemedicine if the health care service would be covered were it provided through in-person consultation between the subscriber and a health care provider and provided to a subscriber receiving the service in a rural region of this state. The contract may limit the coverage to those health care providers who are members of the corporation's provider network.

[ARIZ. REV. STAT. § 20-841.09\(A\) \(effective until Jan. 1, 2018\).](#)

Effective on Jan. 1, 2018, the statute will read as follows:

All contracts issued, delivered or renewed on or after January 1, 2018 must provide coverage for health care services that are provided through telemedicine if the health care service would be covered were it provided through in-person consultation between the subscriber and a health care provider and provided to a subscriber receiving the service in this state. The contract may limit the coverage



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to those health care providers who are members of the corporation's provider network.

[ARIZ. REV. STAT. § 20-841.09\(A\) \(effective Jan. 1, 2018\).](#)

Does Medicaid provide coverage for telemental/telebehavioral/telepsychiatric health services? If so, what are the coverage criteria?

“AHCCCS covers medically necessary services provided via telemedicine.”

[Arizona Health Care Cost Containment System, Fee-for-Service Provider Manual, ch. 10 \(rev. Oct. 5, 2016\), at 10-37.](#)

“Behavioral health services are covered for Title XIX (Medicaid) and Title XXI (KidsCare) recipients.

Covered behavioral health services include (real time only):

- Diagnostic consultation and evaluation
- Psychotropic medication adjustment and monitoring
- Individual and family counseling
- Case management

For real time behavioral health services, the recipient’s physician, case manager, behavioral health professional, or tele-presenter may be present with the recipient during the consultation.”

[Arizona Health Care Cost Containment System, Fee-for-Service Provider Manual, ch. 10 \(rev. Oct. 5, 2016\), at 10-38.](#)

CONTROLLED SUBSTANCES

How are “controlled substances” defined by the state?

Updated link and citation: [ARIZ. REV. STAT. § 32-1901\(15\).](#)

What are the requirements/laws governing the prescribing of “controlled” substances?”

Updated link and citation: [ARIZ. REV. STAT. § 32-2951.](#)